

Hwa Chong Institution (College)
Festival of Sports (FOS) Inter-Faculty Competition 2011
General Rules and Regulations

1. Objectives

- 1.1 Promote healthy lifestyle through mass participation by students.
- 1.2 Promote Olympic values of Friendship, Excellence and Respect amongst students.
- 1.3 Allow students to practice what they have learnt during PE. Promote Faculty spirit among students.

2. Date and Time of Competition

10 & 11 Oct 2011, 1 – 6 pm

3. Games Format

3.1. Inter Faculty Competition

Total of 8 games will be contested, namely Basketball, Flippa Ball, Floorball, Netball, Soccer, Table tennis, Ultimate Frisbee & Volleyball. Refer to annex A for details.

- 3.2. Each student is allowed to take part in 1 game only.
- 3.3. Students can only represent their respective faculties.
- 3.4. The team will be disqualified if it has fielded an illegal player.(i.e. Players from other faculties or players playing multiple games).
- 3.5. No more than 1 school team player is allowed to play in their respective game at any one time.
- 3.6. 'School team player' refers to the school team list for the National Schools Games (Basketball, Netball, Soccer, Table tennis, Ultimate Frisbee, Volleyball & Waterpolo), produced by the CCA teachers in charge.
- 3.7. Each faculty must identify 1 student referee for each game and performing refereeing duties when requested.
- 3.8. Details of rules and regulations, fixtures and safety points pertaining to specific games can be found in the respective games handouts.

4. Competition Schedule for all games

4.1.

Day 1 10 Oct 2011	Basketball (1 st round) Floorball (1 st round & finals) Flippa Ball (1 st round & finals) Street netball (1 st round) Street Soccer (1 st round & finals) Ultimate Frisbee (1 st round & finals) Volleyball (1 st round & finals)
Day 2 11 Oct 2011	Basketball (Semi-finals & finals) Street Netball (Semi-finals & finals) Table tennis (1 st round & finals) Reserve day for: Flippa Ball Street Soccer Ultimate Frisbee Volleyball

5. Safety

- 5.1. All students who sign up for the FOS are to ensure that they are fit and suitably prepared for such sporting activities. They should consult a doctor if they are in doubt.
- 5.2. Students are advised to have ample rest and sleep prior to the competition day.
- 5.3. During competition, they should always keep themselves hydrated.
- 5.4. If there is any injury, it should be immediately brought to the attention of the teacher-in-charge of the respective game.
- 5.5. During a competition, students are reminded to show consideration and care for each other.
- 5.6. First Aid Club members stationed at the first aid post in block D will administer first aid when necessary.
- 5.7. There will be an ambulance on standby during FOS, in case of critical injuries.

6. Sportsmanship

- 6.1. Displays of Olympic values of Friendship, Excellence and Respect are encouraged.
- 6.2. Students are encouraged to display good sportsmanship throughout the competition.
- 6.3. While striving to perform well, they must always respect the opponent teams.

6.4. Shake hands before and after each match.

6.5. Jeering is strictly prohibited.

7. Attire

7.1. All students must wear their respective Faculty shirts during the FOS. Bibs will be provided for the teams playing in the match, where necessary.

7.2. Students who are inappropriately attired will not be allowed to participate.

8. Competition format

8.1. For sport that each Faculty can only send 1 team, the teams will play round-robin matches. The eventual winner will be the team that tops the league table.

8.2. For sport that each Faculty can send 2 teams, the teams will be put into 2 leagues and play round-robin matches within the league.

8.3. Points system for each league

8.3.1. 3 points are awarded for a win during the league;

8.3.2. 1 point is awarded for a win during the league;

8.3.3. 0 point for a team that concedes a walk-over;

8.3.4. When a walk-over is conceded, the team that conceded the walk-over will be disqualified from the remaining games. All scores and points awarded prior to the walk-over will remain.

8.4. The top 2 teams from each league will advance to the semi-finals.

8.5. 1st position team of each league will play the 2nd position team from the other league in the semi-finals.

8.6. The winner of the semi-finals will advance to the finals, while the losers of the semi-finals will play for 3rd and 4th placing.

8.7. Each faculty will be awarded points according to their teams' final positions in each of the sports.

8.7.1. Championship points award for top 4 teams in the final standings:

Champion (1st) – 5 points, 2nd – 3 points, 3rd – 2 points and 4th – 1 point.

8.7.2. Overall Faculty Champion will be determined by the highest number of Championship points accumulated after all games are completed.

8.7.3. In the event of a tie in points scored, the Overall Faculty Champion will be determined by the number of 1st positions won.

8.7.4. In the event of a tie in number of 1st position won, the Overall Faculty Champion will be determined by the number of 2nd positions won.

- 8.7.5. In the event of a tie in the number of 2nd position won, the Overall Faculty Champion will be determined by the number of 3rd positions won.
- 8.7.6. In the event of a tie in the number of 3rd position won, the Overall Faculty Champion will be determined by the number of 4th positions won.
- 8.7.7. If the tie persists, the Faculties involved in the tie will be declared as joint-champions.

9. Workplan for Teachers

9.1. Pre-competition Logistics and preparation

- 9.1.1. All bibs, whistles, scoreboards and recording sheets must be prepared.
- 9.1.2. All teacher coordinators to prepare the specific rules and regulations and fixture for their respective games.

5-a-side Basketball (Boys & Girls)	Miss Tan Ai Lay
6-a-side Flippa Ball (Boys & Girls)	Mr Michael Wong
5-a-side Floorball (Boys & Girls)	Mr Daniel Ling
4-a-side Netball (Girls)	Miss Teo Siew Nge
5-a-side Street Soccer (Boys)	Miss Chen Phi Fern
5-a-side Street Soccer (Girls)	Mr Tan Yee Weal
Table tennis	Miss Lum Siew Chin
7-a-side Ultimate Frisbee (mixed)	Mr Alex Tan
6-a-side Volleyball (Mixed)	Mr Foo Chee Chiang

- 9.1.3. Teacher coordinators will inspect their equipment and playing areas to ensure that they are safe to use at least 1 week prior to the FOS.
- 9.1.4. After inspection, the teacher coordinators will then complete the Equipment & Facilities Safety Checklist for RAMS and submit to Mr Daniel Ling by 3 Oct 2011.

9.2. Post-competition Administration

- 9.2.1. Teacher coordinators to submit the final results of the respective games.
- 9.2.2. The final result should include the final standing of each faculty (rank from 1st to 4th).
- 9.2.3. Teacher coordinators to administer the completion of feedback form of their respective sports after the end of the game.

Annex A – Details of games

Game	Number of teams	Total number of students	Venue	Game Duration
5-on-5 Basketball (Boys & Girls)	2 Boys 2 Girls	10+10 boys 10+10 girls	Basketball courts	1 st round: 2 halves of 7min; Semi-finals & Finals: 2 halves of 10 min
6-a-side Flippa ball (boys & girls)	1 Boys 1 Girls	12 boys 12 girls	Swimming Pool	2 halves of 7min
5-a-side Floorball (boys & girls)	1 Boys 1 Girls	10 boys 10 girls	College Hall	2 halves of 5 min
4-a-side Street Netball (Boys & Girls)	2 Boys 2 Girls	8+8 boys 8+8 girls	Netball court	2 halves of 7min
5-a-side Street Soccer (Boys & Girls)	2 Boys 2 Girls	10 boys 10 girls	Street Soccer Courts	1 period of 7 min
7-a-side Ultimate Frisbee (mixed, 5 boys 2 girls)	2 mixed teams	5+5 boys & 2+2 girls	High School Main field	1 period of 10min
Table tennis (2 boys doubles, 2 girls doubles, 1 mixed doubles)	2 mixed team	5+5 boys & 5+5 girls	College Hall	1 st round: best of 3 sets of 11 points Semi-finals & Finals: best of 5 sets of 11 points
6-a-side Volleyball (Mixed, 3 boys 3 girls)	2 mixed teams	6+6 boys & 6+6 girls	Volleyball courts	1 set of 25pts

Updated: 20 September 2011